



St Mary's Bridgwater & Holy Trinity, Chilton Trinity

31st January 2021
4th Sunday of
Epiphany

Readings: Deut 18:15-20 / Psam
111 / Rev 12:1-5a

Dear All. Welcome to this weeks bulletin. We hope everyone is holding up okay. Do keep in touch and let us know any prayer requests or anything else you might need support with. Praying every blessing on you. Suse

Gospel: Mark 1:21-28 They went to

Capernaum; and when the sabbath came, he entered the synagogue and taught. ²²They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, ²⁴and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' ²⁵But Jesus rebuked him, saying, 'Be silent, and come out of him!' ²⁶And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. ²⁷They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He ^{*} commands even the unclean spirits, and they obey him.' ²⁸At once his fame began to spread throughout the surrounding region of Galilee.

Collect

God of heaven, you send the gospel to the ends of the earth and your messengers to every nation: send your Holy Spirit to transform us by the good news of everlasting life in Jesus Christ our Lord. Amen.

Post Communion

Generous Lord,

In word and eucharist we have proclaimed the mystery of your love: help us so to live out our days that we may be signs of your wonders in the world; through Jesus Christ our saviour. Amen.



There have been a few technical issues with zoom links this week - please note the new links to use from now on, we will also send these links via email for you to click on directly.

Lent Study Group

During Lent we will be running a five-part Zoom course (starting 23rd Feb 7pm) 'Shining as Lights' from the Diocese of Sheffield. This is a great opportunity to talk about our faith in a relaxed and friendly environment. Everyone is welcome to join in so please speak to Suse or me if you would like to know more.

Richard Philpott

Please pray for:

Bishop Peter Hancock. *RIP - Clifford Lorey*
Brian Gale. *Denise Morton*
Delphine Hucker. *Betty Mouzoure*
Theo Day. *Cynthia Williams.*
Ivor Wiltshire

Monday 1st Feb

10am - Zoom Craft group

Meeting ID: 871 4205 5835

Passcode: Craft

Wednesday 3rd Feb

9am - Morning Prayer

Meeting ID: 350 341 4741

Passcode: Prayer

Sunday 7th Feb

9.30am - Communion service
online (website)

10.30am Zoom Coffee

Meeting ID: 350 341 4741

Passcode: coffee

Revd Suse Osmond
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Revd Jonathan Trigg
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Lockdown Life!.....this week we hear from Pauline Light

Well, now we are into our third lockdown and this time I'm not going to make the same mistake and not take the advised daily exercise. Previously, I preferred to enjoy the glorious sunshine in our garden, looking the best it ever has. Lack of exercise led to no energy and torture for me when walking Lily.

These lockdowns are obviously necessary and John and I have managed with less bickering than usual which is very odd. I suppose there is a feeling of pulling together to make the best of what we have to endure for the time being. I worry for my family on the Isle of Wight currently suffering the effects of people visiting over Christmas and bringing the virus with them! The Island only has one hospital, St. Mary's (she gets around doesn't she?) The girls are not going to school this time while their Dad tries to work from home because he is too worried for them all.

Last July I really wanted to spend my birthday with my son and daughter and the grandchildren on the Island. On a beautiful sunny day we took a picnic to the grounds of Appledurcombe House, nowadays described as the graceful shell of an English Baroque country house, once the grandest house on the Island! We became aware of some pitiful bleating and a sheep running backwards and forward along the wire fence ahead of us. All animal lovers, we were bothered by its obvious distress. John, plus the 2 girls eager to help, went over to try and coax it back where it had come from and to re-join the others. Of course, this was never going to happen and in the end the problem had to be referred to the farmer to sort out! This short break away with the family was really the brightest spot in an otherwise grim year.

Our neighbour has taken on our shopping once again quite determined to keep us safe. I had enjoyed a little bit of freedom doing our shopping in between the lockdowns, getting out early, smothering my hands in gel, wearing my mask etc. etc. and felt safe as I could but was in and out of Sainsburys as quickly as possible. Mealtimes seem to be the highlight of the day now so it was good then to spot something different in the food line that took my fancy – even a crusty roll for lunch! Even so, our neighbour often spoils us with something naughty to eat which cannot be resisted.

I kept my spirits up initially during the first lockdown by sewing lots of masks for the family, and us. I'm sure Mum would be pleased to know I've made good use of her ancient Singer. I've now joined the Aspiring Crafters and we meet at the moment via zoom providing each other with knowledge, tips and a laugh I'm now knitting jackets for the girls.

While it would be really nice to be able to get back into



the shops I am reasonably content with staying at home knowing it is the safest place. I haven't been to Taunton for nearly a year now but not having access to shops has not stopped me looking/buying on e-bay or amazon (lots of book presents were purchased this year) but you can't beat being able to see/touch and try things on. Every bit of post that arrives is wiped down, just in case

However uneventful the day has been I can always escape into a book last thing. At the moment I'm reading a classic, Scenes of Clerical Life by George Eliot, found on e-bay – it has a lovely Art Nouveau cover. Despite the unfamiliar wording I have discovered her style of writing is a joy to read such as when neighbours are discussing the unpopular clergyman over tea and muffins, she follows it with this sentence :

“And now that we are snug and warm with this little tea-party, while it is freezing with February bitterness outside, we will listen to what they are talking about.”

She successfully draws the reader in, producing a smile which is what we all need just now - roll on our jabs!

200 Club Winners 21st Jan

1st Juliet Sully 2nd Mary Porter

3rd Evan Prosser. 4th Theo Day

Many thanks to those members who have let me have their subs either by cheque or direct to the bank. Cheques can be sent to me payable to St Mary's PCC Bridgwater at 40 Danesboro road, TA6 7LT. If you would like to join the 200 club then get in touch.

Any difficulties please phone me on 01278 422159.

Juliet Sully